72nd Annual National Conference of INDIAN PSYCHIATRIC SOCIETY

ANCiPS 2020

Theme
Smart Psychiatry in Digital Era

22-25 January, 2020
ITC Royal Bengal & ITC Sonar Kolkata
Kolkata
the city of joy...
welcomes you with
all its exclusive
attractions
## Contents

<table>
<thead>
<tr>
<th>Page</th>
<th>Section</th>
</tr>
</thead>
<tbody>
<tr>
<td>2</td>
<td>Message from President &amp; General Secretary</td>
</tr>
<tr>
<td>3</td>
<td>Message from Organizing Committee</td>
</tr>
<tr>
<td>4</td>
<td>Central Committee&lt;br&gt;Indian Psychiatric Society</td>
</tr>
<tr>
<td>5</td>
<td>Zone &amp; State Bodies&lt;br&gt;Indian Psychiatric Society</td>
</tr>
<tr>
<td>6</td>
<td>Organizing Committee</td>
</tr>
<tr>
<td>8</td>
<td>Registration Details</td>
</tr>
<tr>
<td>10</td>
<td>Call for Abstracts&lt;br&gt;ANCIPS 2020</td>
</tr>
<tr>
<td>11</td>
<td>Guidelines for Speakers &amp; Chairpersons</td>
</tr>
<tr>
<td>13</td>
<td>Past Meetings</td>
</tr>
<tr>
<td>14</td>
<td>Explore Kolkata &amp; West Bengal</td>
</tr>
<tr>
<td>16</td>
<td>Events</td>
</tr>
<tr>
<td>19</td>
<td>Accommodation</td>
</tr>
</tbody>
</table>
It is our proud privilege to extend warm invitation to participate in 72nd Annual National Conference of Indian Psychiatric Society. As you all know, this ANCIPS is being organized in the historic city of joy which has ample resources to host big conferences and many sociocultural and culinary outlets for your soul, mind and body. You will be pleased to know that the ANCIPS venue is most recent construction in Kolkata and waiting for you with all amenities and grandeur. It is a great reassurance that this mega IPS event is being organized by a team which is known for organizational skill, commitment and most importantly generosity and showmanship. The organizing committee led by Dr R R Ghoshroy & Dr Gautam Saha is working hard on each and every aspect of hospitality.

The Scientific Committee has already started its job. We have finalized many plenary speakers of international repute. We are also concentrating on national speakers who can enlighten us to practice Smart Psychiatry in Digital Era. Dear friends, smartness and digitalization do not stand for technological innovations only. These over used words have started communicating a very different message also and this message is about being eco-friendly. It will be blatant disregard to the meaning of words and inexcusable disservice to humanity if we do not read and comprehend the theme beyond literal meaning. Keeping this in mind, we have decided to make this conference plastic free. We know, the departure from usual practice may cause some inconvenience but please join hands to save mother earth.

With these few words we request all of you to register as quickly as possible and participate in the biggest academic event of the Indian Psychiatric Society. Please do not forget to bring your family with as the City of Joy is known for its monuments, museums and amusements and also great markets which are high end and highly affordable both.

Looking forward to see you at ANCIPS 2020

Dr. Mrugesh Vaishnav
President
Indian Psychiatric Society

Dr. Vinay Kumar
Hon. General Secretary
Indian Psychiatric Society
Dear Friend,

It is our great honour to warmly invite you to the 72nd Annual National Conference of the Indian Psychiatric Society (ANCIPS 2020), which will be held from 22nd-25th January 2020 at ITC Sonar Bangla & ITC Royal Bengal, Kolkata.

We are eagerly waiting to welcome you at Kolkata, a bustling metropolis with a mesmerising blend of elegant century-old architecture, graceful gardens, crowded marketplaces and flower-bedecked temples. As the hometown of national poet Rabindranath Tagore, revered guru Ramakrishna, sitar maestro Ravi Shankar and legendary filmmaker Satyajit Ray and many more stalwarts, Kolkata is the place where the timeless past lives amidst fast-paced, cutting-edge change. Modernity and tradition co-exist in the most endearing and surprising of places. The city symbolized India’s transformation from medievalism to modernity. Love it, endure it, call it what you will – Kolkata is Life as ‘kháos’ as no other city is. Its cosmopolitanism and liberal values are clichés because they are true, even as they stand witness to its past insurrections and present anomalies as much as to its genius to enjoy life – through pujó, mishti, Culture (always with a capital ‘C’), neighbourhood addas, fajlami (innocent naughtiness), football and fish. For visitors and those who once left the city, it can be a walk through time, a ride on a tram, or a constant return to the scene of old happy crimes on Park Street, in its colonial-style clubs, or its sprawling mansions that exist cheek-by-jowl with malls and multiplexes.

Maybe this is the reason for the quote as said by the famous British author Tahir Shah, “Calcutta is the only city I know, where you are actively encouraged to stop strangers at random for a quick chat.”

Cultural trends from the last decade may have a larger effect on psychiatry-related outcomes among younger generations compared to their influence on older generations. This trend may partly be due to increased use of electronic communication and digital media, which may have changed modes of social interaction enough to affect the mental health of the young people. These results suggest a need for more research to understand how digital communication versus face-to-face social interaction influences the mental health of present generation. That is why, this year, we wanted to address the present scenario with a very apposite theme, “Smart Psychiatry in Digital Era”. In this new era it is also high time to introduce digital technology by way of extensive research in the field of health care, especially in mental health. This year’s theme explores these new approaches in psychiatry. As a part of it and also to build awareness among the common people, we are going to start ANCIPS by organizing a short march, with our motto “Walk for Mental Health 2020” in the morning and an enormous Awareness Program at Science City Auditorium, Kolkata on 21st January, 2020. Please book your dates one day prior to the conference per se, to join this movement and help spread awareness about mental health to the maximum audience. We are committed to preserving our environment, to contribute in whatever miniscule way to a greener planet earth, and hence the Conference venue will be a ‘Fantastic- NO Plastic’ zone, and we seek the same commitment from all our participants.

ANCIPS 2020 aims to bring together leading academic researchers and scholars to exchange and share their experiences and research results about various aspects of psychiatry. The scientific program will focus on current advances in research and practices of psychiatry in this digital era. It will be an excellent opportunity for national and international scholars to interact and exchange their wisdom. The conference will definitely focus on evidence-based benefits proven in clinical trials and scientific experiments, adequately fulfilling the true sense of our theme in a smarter way.

In addition to the bona fide academic feast, you can also expect to relish the fascinating culinary expertise of the city and indulge yourself to the unique and aesthetically rich cultural sense of Kolkata. This conference will be a pleasurable tickle to all your senses which surely you will not want to be missed. We sincerely hope that our efforts and your enthusiastic participation will make this event a grand success.

Dr. R. R. Ghosh Roy  
Organizing Chairperson  
ANCIPS 2020

Dr. Gautam Saha  
Organizing Secretary  
ANCIPS 2020
Central Committee
Indian Psychiatric Society

President
Dr. Mrugesh Vaishnav

Vice-president / President Elect
Dr. P. K. Dalal

Hon. General Secretary
Dr. Vinay Kumar

Hon. Treasurer
Dr. Mukesh P. Jagiwala

Hon. Editor
Dr. Om Prakash Singh

Immediate Past President
Dr. Ajit V. Bhide

Immediate Past Hon. General Secretary
Dr. Gautam Saha

Direct Council Members
Dr. Abdul Gania Majid
Dr. Harpreet Singh
Dr. Kishor Gujar
Dr. Neelanjana Paul
Dr. Abhay Matkar
Dr. Mohd. Aleem Siddiqui
Dr. Laxmikant Rathi
Dr. Savita Malhotra
Dr. Shashi Rai

Zonal Representatives
Central Zone
Dr. Rajeev Jain
Dr. Vipul Singh

Southern Zone
Dr. Suresh Kumar Gunapalli
Dr. Laxmi Naresh Vadlamani

Eastern Zone
Dr. Srikumar Mukherjee
Dr. Tophan Pati

Western Zone
Dr. Arun Vishwanbharao Marwale
Dr. Vivek Chintaman Kirpekar

Northern Zone
Dr. Bharat Singh Shekhawat
Dr. Parshotam Dass Garg
IPS Eastern Zonal Branch

President
Dr. Gautam Saha

Vice-president
Dr. D. Ram

Hon. Secretary
Dr. R.K. Lenin Singh

Hon. Treasurer
Dr. Abir Mukherjee

Hon. Editor
Dr. Sujit Sarkhel

Representatives to IPS Council
Dr. Topan Pati
Dr. Srikumar Mukherjee

Imm. Past President
Dr. Sanjiba Dutta

Executive Members
Dr. Anweshak Das
Dr. Nishant Goyal
Dr. Satish Rasaily
Dr. S. Gojendra Singh
Dr. Lumding Star Kharlukhi
Dr. Dipayan Sakar
Dr. J.P. Rusell Ravan
Dr. Deepanjali Medhi
Dr. Chittaranjan Dash
Dr. Santosh Kumar

Imm. Past Hony. Secretary
Dr. Srikumar Mukherjee

IPS West Bengal State Branch

President
Dr. Uday Chaudhuri

Vice-president
Dr. Jyotirindra Nag

Hon. Secretary
Dr. Ranjan Bhattacharyya

Hon. Treasurer
Dr. Sanjay Garg

Hon. Editor
Dr. Sujit Sarkhel

Representative to the Zone
Dr. Kaustav Chakraborty

Imm. Past President
Dr. Amarnath Mallik

Executive Members
Dr. Hena Barat Roy
Dr. Rajashree Ray Bandyopadhyay
Dr. Rajarshi Guha Thakurta
Dr. Sayandip Ghosh
Dr. Sarmishtha Chakrabarti
Dr. Suddhendu Chakraborty

Imm. Past Hony. Secretary
Dr. Neelanjana Paul
### Organizing Committee

**ANCIPS 2020**

**Chief Advisor**  
Dr. Prabir Paul

**Organizing Chairperson**  
Dr. R. R. Ghosh Roy

**Co–Organizing Chairpersons**  
Dr. Arnab Banerjee  
Dr. Asim Kumar Mallick

**Treasurer**  
Dr. Srikumar Mukherjee

**Patrons**  
Dr. Ajit Kumar Avasthi  
Dr. Anil Kumar Agarwal  
Dr. Anil V. Shah  
Dr. Asit Baran Ghosh  
Dr. E. Mohan Das  
Dr. G. Prasad Rao  
Dr. Gopal Chandra Kar  
Dr. I R S Reddy  
Dr. Indira Sharma  
Dr. James T. Antony  
Dr. K. A. Kumar  
Dr. K. Kuruvilla  
Dr. M. Thirunavukkarasu  
Dr. (Brig.) M. S. V. K. Raju  
Dr. O. Somasundaram  
Dr. Ratnaraj Ponndurai  
Dr. Roy Abraham Kallivayalil  
Dr. S C Mallik  
Dr. S. Nambi  
Dr. Shiv Gautam  
Dr. Shridhar Sharma  
Dr. T. V. Asokan  
Dr. V. K. Verma  
Dr. V. Pallaniappan  
Dr. V. Ramachandran  
Dr. V. S. Poornananda Bashyam  
Dr. Vidyadhar Govind Watve

**Advisors**  
Dr. Anal Kanti Nath  
Dr. Anil Bhusan Dutt  
Dr. Ali Hasan  
Dr. Amarnath Mallik  
Dr. Amitabha Mukherjee  
Dr. Arabinda Kumar  
Dr. Arabinda Narayan Choudhury  
Dr. Ashish Mukhopadhyay  
Dr. Ashoke Kumar Sengupta  
Dr. Asis Acharya  
Dr. Binay Kumar Singh  
Dr. Baidyanath Biswas  
Dr. Bappaditya Deb  
Dr. C. L. Narayan  
Dr. D. P. Roychowdhury  
Dr. Daya Ram  
Dr. Debasis Bhattacharya  
Dr. Devashish Konar  
Dr. Dilip Kumar Basu  
Dr. Dilip Kumar Mondal  
Dr. Dinen Banerji  
Dr. Dipesh Bhagabati  
Dr. Gautam Bandyopadhyay  
Dr. H.R. Phookan  
Dr. Hiranya Kumar Goswami  
Dr. N. Heramani Singh  
Dr. Indralal Sharma  
Dr. Jayanta Das  
Dr. Jharna Basu  
Dr. Jiban Chakraborty  
Dr. Jyotirmoy Roy Chowdhury  
Dr. Jyotirmoy Samajder  
Dr. Jayirindra Nag  
Dr. Jyotirmoy Ghosh  
Dr. K. P. Sharma  
Dr. Kali Kinker Chakraborty

**Advisors**  
Dr. Kali Sadhan Datta  
Dr. Kalyani Das Sarkar  
Dr. Natendra Nath Das  
Dr. Narendra Pratap Singh  
Dr. Nanda Kumar Banerjee  
Dr. Nil Madhab Rath  
Dr. Nirmal Kumar Bera  
Dr. Om Prakash Singh  
Dr. P. K. Singh  
Dr. R. K. Lenin Singh  
Dr. Rupendra Kumar Brahma  
Dr. S. Haque Nizamie  
Dr. Partha Sarathi Nandi  
Dr. Pradeep Kumar Saha  
Dr. Sabyasachi Nandi  
Dr. Sailendra Kumar Deuri  
Dr. Surendranath Parida  
Dr. Shyama Chand Biswal  
Dr. Shyama Prasad Mukherjee  
Dr. Saipunj Singh  
Dr. Samir Chandra Nag  
Dr. Sanat Kumar Das  
Dr. Sandi Syiem  
Dr. Sanjib Dutta  
Dr. Srijit Ghosh  
Dr. Sujit Kumar Das  
Dr. T. Sudhir  
Dr. Tapas Kumar Bandyopadhyay  
Dr. Tapan Banerjee  
Dr. Tarapada Ray  
Dr. Tophan Pati  
Dr. Uday Chaudhuri  
Dr. Uday Kumar Sinha  
Dr. Vinod Kumar Sinha  
Dr. Vinay Kumar

**Organizing Secretary**  
Dr. Gautam Saha

**Joint Organizing Secretaries**  
Dr. Arabinda Brahma  
Dr. Ranjan Bhattacharyya

**Joint Treasurers**  
Dr. Debjani Bandopadhyaya  
Dr. Sanjay Garg
Registration Details

**Entitlements**

**Delegates**
- Conference kit
- Entry to all official functions, Scientific sessions
- Lunches, Dinners, Tea/ Coffee on conference days
- Tea/coffee within sessions
- Entry into trade/exhibition Area
- Souvenir
- WBMC Certificate of attendance

**Accompanying Person**
- Entry to Inaugural function
- Lunches, Dinners, Tea/ Coffee on conference days
- Spouse gift
- Spouse & children’s programs

**Mandatory Requirements:**
- Recent colour passport size photo.
- Photo ID Proof (valid Driving License/Passport/Election Card/Aadhar Card).
- E mail ID & Mobile No.
- Others: First name, Last name, Address, State, Pin code, Institute/Hospitals.

---

<table>
<thead>
<tr>
<th>Category</th>
<th>Up to 31.03.2019</th>
<th>Up to 30.06.2019</th>
<th>Up to 30.09.2019</th>
<th>From 01.10.2019 &amp; Spot</th>
</tr>
</thead>
<tbody>
<tr>
<td>IPS Member &amp; SAARC Member</td>
<td>INR 6500</td>
<td>INR 8500</td>
<td>INR 9500</td>
<td>INR 12500</td>
</tr>
<tr>
<td>IPS Senior Member</td>
<td>Complimentary</td>
<td>Complimentary</td>
<td>Complimentary</td>
<td>INR 12500</td>
</tr>
<tr>
<td>Non-member</td>
<td>INR 8500</td>
<td>INR 10500</td>
<td>INR 11500</td>
<td>INR 14500</td>
</tr>
<tr>
<td>PG Student</td>
<td>INR 3500</td>
<td>INR 4000</td>
<td>INR 5000</td>
<td>INR 6000</td>
</tr>
<tr>
<td>Accompanying Person (family member only)</td>
<td>INR 4000</td>
<td>INR 5000</td>
<td>INR 6000</td>
<td>INR 7000</td>
</tr>
<tr>
<td>Indian Corporate</td>
<td>INR 12000</td>
<td>INR 14000</td>
<td>INR 16000</td>
<td>INR 20000</td>
</tr>
<tr>
<td>WPA / BIPA / IAPA Member</td>
<td>INR 10500</td>
<td>INR 14500</td>
<td>INR 17500</td>
<td>INR 24500</td>
</tr>
<tr>
<td>International Delegate</td>
<td>INR 24000</td>
<td>INR 28000</td>
<td>INR 32000</td>
<td>INR 35000</td>
</tr>
<tr>
<td>International Accompanying Person</td>
<td>INR 7500</td>
<td>INR 9000</td>
<td>INR 10500</td>
<td>INR 14000</td>
</tr>
</tbody>
</table>

- The above mentioned registration fees are inclusive of 18% GST.
- The registration fees of International delegates are mentioned in INR, as we do not have FEMA certification of receiving dollar in our bank account. The mentioned amount will be converted to respective dollar amount on that particular day, as required, when delegates make their payments online.
- Registration of 1 (one) accompanying person of all Past Presidents of IPS is complimentary.
Registration Guidelines

- Above fees is inclusive of Goods & Service Tax as on 1st November, 2018 and is subject to change.
- Above fees is inclusive of Conference Insurance from 22nd to 25th January, 2020.
- Payment Options: **Online** – NEFT, IMPS, Bank transfers, Debit or Credit cards, **Offline** - Cheque, Demand Drafts.
- For all Online Payments through credit or debit cards, an additional bank charge of 2.5% will be applicable.
- All Remittance/Bank charges/Online transaction fees are to be paid by the Delegate.
- Letter from Head of the Department is mandatory for Post graduate residents for registration.
- Conference registration is mandatory for presenting paper in CME, symposia, workshops by **30th September 2019**.
- Registration is mandatory for all delegates including children aged 5 Years and above. Children younger than 5 years must also be registered (free of charge) for logistic/security reasons.
- Bonafide Senior Member of IPS aged 65 years and above are exempted from the Registration Fees, if registered by 31st December 2019.
- For security reasons, Photo ID is mandatory for all delegates to enter the Conference Area.
- Please remember to wear Bar Coded Registration Badge at all the time in the conference area and co-operate with security and screening procedures.
- Entry for accompanying persons may be restricted to certain areas at the venue during the event and they are not allowed to enter the scientific halls.
- Registration number with acknowledgement & receipt of the payment will be sent to you within 60 days of application to your registered Email id only, if you have not received, please contact the registration coordinator.
- There is no credit policy for registration fees. the amount mentioned is non-negotiable.
- Registration is not transferable.
- The organizing committee will not be responsible for payments made without registration form and details of payment. Organizing committee will not entertain requests to refund the same.
- Delegate must bring the acknowledgement letter / payment receipt with registration number to the conference for registration.
- Conference kit will be handed over only to the registered delegate with photo id.
- For spot registrations: payment will be accepted only by mode of Cash or Debit/Credit Card.
- Conference kit is not guaranteed for registration done after 31st December 2019.
- Organizers will not be responsible for loss or theft of personal belongings and damages. Delegates are requested to use cloakroom.
- Ambulance services will be available at the venue. However, we request you to kindly give utmost attention to your health and medications.

Cancellation and Refund Policy

- Till 31st August, 2019: 20% of registration amount + GST of amount paid will be forfeited as cancellation **
- Before 31-October-2019: 50% of registration amount + GST of amount paid will be forfeited as cancellation **
- After 1st Nov 2019: Full amount will be forfeited **

Refund will be solely at the discretion of the organizer and if ** marked refund is applicable the same will be processed only after the conference.

Payment Details

<table>
<thead>
<tr>
<th>Account Name</th>
<th>ANCIPS 2020</th>
</tr>
</thead>
<tbody>
<tr>
<td>Account Number</td>
<td>50200041267749</td>
</tr>
<tr>
<td>Bank Name</td>
<td>HDFC BANK</td>
</tr>
<tr>
<td>Branch &amp; Address</td>
<td>Barasat, N/39, 1st Floor, KNC Road, Haritala, Barasat, West Bengal 700124</td>
</tr>
<tr>
<td>IFS Code</td>
<td>HDFC0000352</td>
</tr>
</tbody>
</table>
Call for Abstracts / ANCIPS 2020

List of Topics

The Scientific Program Committee will use this topic list to help classify the area of each submission. Furthermore, your submission will be listed in the Program and Abstract Book under the topic(s) indicated to assist participants in selecting sessions of interest.

The submission form provides a space to mark a selection from this list, the most appropriate topic area for each submission. If appropriate, indicate a second subtopic area.

Insert corresponding numbers of topics into boxes provided on each submission form.

1. Addiction
2. Aggression: Basic
3. Aggression: Clinical
4. Aging
5. AIDS and HIV Related Disorders
6. AIDS Effects on the CNS
7. Alcohol and Substance Abuse Disorders
8. Alzheimer's Disease: Basic
9. Alzheimer's Disease: Clinical
10. Anxiety Disorders
11. Attention Deficit Hyperactivity Disorder
12. Autistic Disorders
13. Biological Correlates of Mental Disorders
14. Biological Markers
15. Child and Adolescent Psychiatry
16. Childhood Disorders
17. Cognitive Neuroscience
18. Comorbidity in Psychiatry
19. Cost Issues in Psychiatry
20. Dementia
21. Depression
22. Developmental Disorders
23. Developmental Psychiatry
24. Dissociative Disorders
25. Eating Disorders
26. Electro Convulsive Treatment (ECT)
27. Emergency Psychiatry
28. Epidemiology of Mental Disorders
29. Ethics of Psychiatric Practice and Research
30. Forensic Psychiatry
31. Geriatric Psychiatry
32. History of Psychiatry
33. Hospital Psychiatry
34. Human Rights Issue
35. Internet and new communication modes
36. Methodology
37. Mental Health Economics
38. Migraine
39. Mind & Society
40. Miscellaneous
41. Mood Disorders
42. Neuroendocrinology
43. Neuroimaging
44. Neuroimmunology
45. Obsessive Compulsive Disorders
46. Organic Mental Disorders
47. Panic Disorder
48. Posttraumatic Stress Disorder
49. Premenstrual Syndrome
50. Prevention of Psychiatric Illness
51. Psychiatric Education
52. Psychiatric Rehabilitation
53. Psychogeriatrics
54. Psychoneuroendocrinology
55. Psychoneuroimmunology
56. Schizophrenia
57. Sexual Disorders
58. Side Effects of Antidepressants and Antipsychotics
59. Sleep Disorders
60. Somatic Disorders
61. Somatoform Disorders
62. Stress
63. Suicide
64. Traditional and Alternative Treatment in Psychiatry
65. Other Psychiatric Disorders

Names of Awards

- D. L. N. Murthy Rao Oration Award
- Tilak Venkoba Rao Oration Award
- Marfatia Award
- Bhagwat Award
- Col. Kirpal Singh Award for Military / Industrial Psychiatry
- The Poona Psychiatrists Association Awards I & II
- The Bombay Psychiatric Society Silver Jubilee Year Award
- Dr. JKT Life time Achievement Award
- Professor K.C. Dube Poster Session I award
- Professor M. Murugappan Poster Session II award
- Indian Psychiatric Society Young Psychiatrists Award

Dates to remember...

Submissions of Abstracts & Award Papers close on 30th September, 2019
Submission for BPSS Award closes on 30th November, 2019
Submission of proposal for Symposium and Workshop closes on 30th November, 2019

For details of instructions, Guidelines, Content of Abstracts, Format of the Competition, E-poster Presentation Specifications, Awards etc., visit our website www.ancips2020.com
Abstract Submission for ANCIPS 2020

Guidelines:

• Only registered delegates are allowed to submit the abstract for paper or poster.
• The abstract for the paper/poster needs to be structured (background, aims, methods, results and conclusion) and be within 250 words.
• The presenting author (or the author who submits the abstract in case of symposia/workshop) will be the contact person for all the correspondence about the presentation.
• All abstracts are to be submitted in English, Times New Roman font.
• Please choose appropriate category related to your presentation. Do not submit the same abstract to multiple categories.
• All abstracts must be submitted via the conference website ONLY.
• The title should be short and concise & must not be written in capital letters.
• The abstract should not contain broad statements like "The results will be discussed".
• You may use standard abbreviations, however, mention unusual abbreviations in brackets after the full word, when it appears for the first time.
• Use numerals to indicate numbers, except at the beginning of a sentence.
• Last date for submission of Abstracts is 30th September, 2019.
• All submissions will be acknowledged by email only. So, please provide your current working E mail ID along with Mobile number (The Organizing Committee shall not be responsible if you do not receive any response due to wrong email ids provided).

Instructions for Content of Abstract:

• Figures, tables and graphs should not be included.
• Use generic names of drugs.
• In original research the results have to be submitted with the abstract.
• No references are needed with abstract submission.
• By submission of an abstract, the author transfers copyright ownership to the organizing committee for publications. The organizing committee reserves the right to reproduce the abstract/presentation made in conference in print or electronic media.
• Abstracts / papers previously published or presented at any national or international meeting are not permitted for submission in ANCIPS 2020.
• Abstracts / papers previously published or presented at local or state levels are permitted, but the details need to be mentioned in the submission.

For Speakers & Chairpersons

• The Scientific Committee will review the abstracts & the acceptance will be communicated to the presenting author by 31st November 2019.
• The Scientific Committee reserves the right to allocate a session time or change the presentation type.
• Please do not submit the same abstract under more than one category.
• Please mention the category for which the author is competing for.

Instructions and Specifications:

ANCIPS 2020 scientific programme will cover 04 days and include course on leadership in psychiatry, symposia, workshops, hands-on training on recent advances in ECT, training in neuro navigation techniques, oral and poster presentations and presentations from various specialties, sub-specialties and task forces of IPS.

Details of the programme will be uploaded and updated on the website www.ancips2020.com.

General Instructions

1. Registration is mandatory for the presenting authors at the time of presentation in categories of Invited Lectures / Specialty Section Presentations/ Task Force Presentations/ Workshop & Symposium Presentations/ Free paper/E-Poster Presentations.
2. All presentations should be made in latest version of MS Office.
3. A preview room shall be operational in the conference area. All presentations of respective halls shall be centrally coordinated from this preview room. The presenter must submit his/her PowerPoint/audio/video in preview room, ATLEAST 24 hours before his/her scheduled presentation.
4. The preview room shall be equipped with sufficient number of desktops/laptops/projectors. The presenter can preview/modify his/her presentation in the preview room well in advance.
5. If any presenter wishes to present the paper through personal laptop, it is mandatory that the compatibility of personal laptop with our audio-visual system should be checked in preview room.
6. Any fonts and animations, if used, which are not a part of the standard MS Office pack, should be included with the presentation Pendrive and this should be specified to the Audio Visual in-charge at the Preview Room well in advance.
7. Videos when included should be ideally in VLC/MP4 or mpeg and if any other format is used its codecs should be also be included.
8. If any other format is used that deviates from the above-mentioned format, the same should be informed at least one week before the conference so that alternative arrangements can be made, if possible.
Guidelines / For Speakers & Chairpersons

9. The medium of storage used by the presenters should be Flash Drive, USB HDD.

10. All speakers using MAC Laptops and those requiring a MAC Laptop should inform us at least a week in advance.

11. The specific date and time of the presentation along with the location will be shared with you and will also be updated on the website. All are kindly requested to visit the website for details of the Scientific Programme on regular basis for latest updates.

Award Paper Presentation Specifications

- Name
- Age (with age proof)
- Sex : Male/female
- Designation
- Place of work
- Title of the paper
- Summary of the paper
- Individual/group work
- Original research/other type of work; case reports and small case series will not be considered
- Presented earlier/not presented
- The participant should be a member of IPS (to be verified by the Honorary Treasurer of IPS)

Format of the competition

- The time allotted is 7 minutes.
- Text, photo and table slides by power point presentation only.
- The name of the institution / affiliations, co-authors and guides are strictly not to be displayed during the presentation. If included, the paper will be disqualified. This will be announced after the results.
- Each slide should not contain more than eight lines enabling the audience to read it.
- The presentation should be clear and audible.
- Any questions/ clarifications are allowed only from the judges after the presentation

Guidelines for Workshop / Symposia / Free paper Presentation

1. Workshops and Symposia will be of 60 Minutes (sixty minutes) duration which also includes the time for discussion.

2. For free-paper presentation speaker will be provided 10 minutes for the presentation. The slot for the same is divided into 8 minutes for Presentation and 2 minutes for Discussion.

3. Please strictly adhere to the time.

4. There shall be a system of auto-cut of presentations after allocated time. A reminder will appear on the screen 2 minutes before the stipulated time. At the onset of auto-cut all the screens will go blank. Please come prepared to finish the presentation within allocated time only.

5. The presentation will have to be in Windows PowerPoint format (PPT) with the required photographs, tables and graphs that should be unambiguous and legible.

E-Poster Presentation Specifications

1. The screen time provided to a particular poster would be a maximum of 1 hour. The presenting author is requested to make it convenient to remain at the site of his/her poster presentation throughout that stipulated time.

2. The E-poster will be displayed on standard 42" (Diagonal) LCD.

3. File format should be PowerPoint (.PPT).

4. Total size of the presentation should not exceed 10-20 MB.

5. Maximum number of slides per E-poster: 3 (Three).

6. All slides should be in landscape format preferably in 16:9 orientation.

7. Animation/movies/sounds will not be supported; please submit in a static PPT format only.

8. The E-poster needs to be created as per the sample format which can be downloaded from the website.

9. Each slide title should be placed in a title placeholder.

10. The text should include (most likely as separate elements of the poster) Introduction, Aim, Methods, Results, Conclusion and Acknowledgments.

11. The poster should be self-explanatory. Text should be brief and well organized.

12. It is suggested that font size of the text should be at least 26 to 36 points. The typeface chosen should be a simple and clear one (e.g. Helvetica).

13. The correct font size depends greatly on the fonts used in the ppt and the thumb rule should be that if its visible well on the computer screen it shall be visible on the E-Poster Display Screen.

14. Color suggestions:
   a. When using light backgrounds (white, yellow, light blue) we suggest using dark fonts (black, navy blue, dark green).
   b. When using dark backgrounds (blue, purple) we suggest using light fonts (white, yellow, cyan).
   c. Avoid using red or green in any fonts or backgrounds as they are colors that are difficult to read.

15. Illustrations/images/photographs used in the E-poster should be large enough to show relevant details.
Explore Kolkata and West Bengal

**Darjeeling 3 nights**

**Option 1:**
- **Stay at 4 Star Hotels:** Norkhill / Welcome Heritage Dengzong/Similar
- **Cost:** INR 35,999/- for 2 pax [per person on twin sharing basis]

**Option 2:**
- **Stay at 5 Star Hotels:** MayFair/Similar
- **Cost:** INR 40,999/- [per person on twin sharing basis]

**Inclusions:** Transfer by (NJP / IXB – NJP / IXB) All transfers by 01 Non AC Sumo / Maxx as per the itinerary on point to point basis. All sightseeing by 01 Non AC Sumo/Maxx/Innova as per the itinerary on point to point basis (Based on the package option). Accommodation Mentioned or similar category hotels in base category rooms. **Meal Plan** - Room with Breakfast. Vehicle will not be used at disposal basis – as per Itinerary on point to point basis.

**Gangtok 3 nights**

**Option 1:**
- **Stay at 4 Star Hotels:** Viceroy/Little Tibet/Similar
- **Cost:** INR 33,999/- for 2 pax [per person on twin sharing basis]

**Option 2:**
- **Stay at 5 Star Hotels:** MayFair/Similar
- **Cost:** INR 38,999/- [per person on twin sharing basis]

**Inclusions:** Transfer by (NJP / IXB – NJP / IXB) All transfers by 01 Non AC Sumo / Maxx as per the itinerary on point to point basis. All sightseeing by 01 Non AC Sumo/Maxx/Innova as per the itinerary on point to point basis (Based on the package option). Accommodation Mentioned or similar category hotels in base category rooms. **Meal Plan** - Room with Breakfast. Vehicle will not be used at disposal basis – as per itinerary on point to point basis.

**Kolkata Holy Places**

**Cost**
- INR 3,500/- for 2 pax [per person on twin sharing basis]
- INR 4,250/- for 4 pax [per person on twin sharing basis]

**Inclusions:** Transfers & sightseeing in AC D’Zire / similar car and assistance in the tour will be provided.

**Kolkata Heritage Tour**

**Cost**
- INR 1,750/- for 2 pax [per person on twin sharing basis]
- INR 1,065/- for 4 pax [per person on twin sharing basis]

**Inclusions:** Transfers & sightseeing as mentioned in the itinerary in AC D’Zire / similar Car and assistance in the tour will be provided.

**Purulia 2 nights**

**Stay at Kushal Palli Resort / similar accommodation**

**Cost** INR 27,999/- [per person on twin sharing basis]

**Inclusions:** Daily buffet breakfast. Transfer and sightseeing in AC Innova/similar car.
Shantiniketan 2 nights

Stay at Hotel Mark & Meadows / similar for 2 nights.

Cost
INR 23,999/- [per person on twin sharing basis]

Inclusions:
Accommodation in Double Room. Daily buffet breakfast. All Transfer and sightseeing by AC Innova/similar Car

Sundarbans 2 nights

Stay at Sundarban Tiger Camp / similar

Cost
INR 25,999/- [per person on twin sharing basis]

AC will be available from 6pm to 6am as there is no electricity in daytime.


Please note:
• Confirmation should come from the guest’s end at least 45 Days prior to the departure.
• 50% to be paid at the time of booking. Balance to be paid 30 days before the date of departure.
• Subject to Zenith Holidays terms and conditions.
• The given costs are only a quote. Rooms are subject to availability at the time of booking.
• The costs given for upto 04 pax. For more pax and details of package, please contact: Mr. Harish Pramanick: +919830329970 or visit www.zenithholidays.com.

Exclusions from the cost mentioned here:
• Air Fare / Train fare.
• Personal Expenses such as laundry, telephone calls & tips.
• Mineral/soft/ hard drinks, Corkage charges, Extra Food.
• Additional sightseeing or extra usage of vehicle, other than mentioned in the itinerary.
• Any fees for entry, Camera, Guide, Tour Escort etc.
• Any cost arising due to natural calamities like, landslides, road blockage, political disturbances, etc (to be borne by the client, which is directly payable on the spot).
• Any increase in taxes or fuel price, leading to increase in cost on surface transportation & and arrangements, which may come into effect prior to departure. Insurance.

Zenith Holidays
68, Ballygunge Circular Road, 1st Floor, Annapurna Apartment
Kolkata - 700 019, Phone: 033 - 4014 3910 / 4014 3921
Web: www.ZenithHolidays.com

For booking & payments. Phone: Amrita Ph. 033 - 4014 3910, Mob. 9073069336 Email: corporateops.ccu@zenithholidays.com
Sayantan Ph. 4014 3921, Mob.: 9874604707, Email: leisure.ccu@zenithholidays.com
Any Escalation: Contact: Mr. Harish: +91 98303 29970/9674148366.
Events

ANCIPS 2020

Walk for Mental Health 2020

Date: 21st Jan 2020
Timing: 8:00am to 9:30am

No Health Without Mental Health

To enrol, please contact
Dr. Rajasunio Rang
8336832818
Dr. Sarmitan Chakraborty
9831270034
Dr. Sabyasachi Mitra
9830010070

#ANCIPS2020
Organizing Team
Dr. R. R. Ghosh Roy
Organizing Chairperson
Dr. Gautam Saha
Organizing Secretary

Celebrities will endorse the programme.
To participate in the walk, please reach Kolkata by 20th January, 2020

Be a part of the excitement and bring your best in 22 yards!

There are more...
- ANCIPS 2020 Quiz Competition
- Global Leadership Session
- Rising star paper presentation
- Activities involving family members.
Registration Form

Name
(As needed on Certificate & Badge)

Date of Birth

Sex M F

Address

District

State

Pin/Zip/Post code

Country

Contact numbers (with STD Codes)

*Mobile

Residence/Office

*E-Mail

*Qualification

Year

*State Council Reg. No.

Membership No (IPS / WPA / BIPA / IPA)

Accompanying Person

1) Name
   Relationship
   Age
   Gender

2) Name
   Relationship
   Age
   Gender

3) Name
   Relationship
   Age
   Gender

*Details mandatory

Registration mandatory for all attendees

<table>
<thead>
<tr>
<th>Category</th>
<th>Up to 31.03.2019</th>
<th>Up to 30.06.2019</th>
<th>Up to 30.09.2019</th>
<th>From 01.10.2019 &amp; Spot</th>
</tr>
</thead>
<tbody>
<tr>
<td>IPS Member &amp; SAARC Member</td>
<td>INR 6500</td>
<td>INR 8500</td>
<td>INR 9500</td>
<td>INR 12500</td>
</tr>
<tr>
<td>IPS Senior Member</td>
<td>Complimentary</td>
<td>Complimentary</td>
<td>Complimentary</td>
<td>INR 12500</td>
</tr>
<tr>
<td>Non-member</td>
<td>INR 8500</td>
<td>INR 10500</td>
<td>INR 11500</td>
<td>INR 14500</td>
</tr>
<tr>
<td>PG Student</td>
<td>INR 3500</td>
<td>INR 4000</td>
<td>INR 5000</td>
<td>INR 6000</td>
</tr>
<tr>
<td>Accompanying Person (family member only)</td>
<td>INR 4000</td>
<td>INR 5000</td>
<td>INR 6000</td>
<td>INR 7000</td>
</tr>
<tr>
<td>Indian Corporate</td>
<td>INR 12000</td>
<td>INR 14000</td>
<td>INR 16000</td>
<td>INR 20000</td>
</tr>
<tr>
<td>WPA / BIPA / IPA Member</td>
<td>INR 10500</td>
<td>INR 14500</td>
<td>INR 17500</td>
<td>INR 24500</td>
</tr>
<tr>
<td>International Delegate</td>
<td>INR 24000</td>
<td>INR 28000</td>
<td>INR 32000</td>
<td>INR 36500</td>
</tr>
<tr>
<td>International Accompanying Person</td>
<td>INR 7500</td>
<td>INR 9000</td>
<td>INR 10500</td>
<td>INR 14000</td>
</tr>
</tbody>
</table>

* The above mentioned registration fees are inclusive of 18% GST.
* The registration fees of international delegates are mentioned in INR, as we do not have FEMA certification of receiving dollar in our bank account. The mentioned amount will be converted to respective dollar amount on that particular day, as required, while delegates make their payments online.

Payment Details (Only filled form to be submitted along with Cheque/DD in favour of “ANCIPS 2020” payable at Kolkata)

Account Name: ANCIPS 2020, Account Number: 50200041267749, Bank Name: HDFC
Branch & Address: N/39, 1st Floor, KNC Road, Haritalia, Barasat, West Bengal 700124
IFSC Code: HDFC0000352.

Payment Update

Cheque / DD / NEFT / UTR / Transaction No: ____________________________

Bank: ____________________________

Date: ____________________________

Amount: ____________________________

Important Contacts

Dr. R.R. Ghosh Roy
(Organizing Chairperson)
Mobile – 9830055335
Email - roy.ranadipghosh@gmail.com

Dr. Gautam Saha
(Organizing Secretary)
Mobile – 9830065235
Email - drgautamsaha@gmail.com

Blazer Size

Male Female

34/ XS  34/ XS

36/ S  36/ S

38/ M  38/ M

40/ L  40/ L

42/ XL  42/ XL

44/ XXL  44/ XXL

Please Specify Please Specify

*Venue & Dates are subject to change*
Entitlements

Delegates
- Entry to all official functions, Scientific sessions
- All lunches, dinners, Tea/Coffee on conference days
- Tea/coffee within sessions
- Entry for trade/exhibition area
- Souvenir
- West Bengal Medical Council Certificate mentioning credit hours

Accompanying Person
- Inaugural functions
- All lunches, dinners, Tea/Coffee on conference days
- Spouse gift
- Participation in Spouse & children’s programs

Terms & Conditions*

Mandatory Requirements:
- Recent colour passport size photo.
- Photo ID Proof (valid Driving License/Passport/Election Card/Aadhar Card).
- Email ID & Mobile No.
- Other details: First name, Last name, Address, State, Pin code, Institute/Hospitals.

Registration Guidelines
- Mentioned fee is inclusive of Goods & Service Tax as on 1st November, 2018 and is subject to change.
- Above fee is inclusive of Conference Insurance from 22nd to 25th January, 2020.
- Payment Options: Online – NEFT, IMPS, Bank transfers, Debit or Credit cards, Offline - Cheque, Demand Drafts.
- For all Online Payments through credit or debit cards an additional bank charge of 2.5% will be applicable.
- All Remittance/Bank charges/Online transaction fees to be paid by the Delegate.
- Letter from Head of the Department is mandatory for post graduate residents for registration.
- Conference registration is mandatory for presenting paper in CME, symposia, workshops by 30th September 2019
- Registration is mandatory for all delegates including children of 5 years and above. Children less than 5 years of age must be registered (free of charge) for logistic/security reasons.
- Bonafide Senior Member 65 years and above is exempted from the Registration Fees, if registered before 30th September 2019.
- For security reasons, Photo ID is mandatory for all delegates to enter the Conference Area.
- Please ensure to wear registration badge (Bar Coded) all the time in the conference area and co-operate with security and screening procedures.
- Entry for accompanying persons may be restricted to certain areas at the venue during the event and are not allowed to the scientific halls.
- Registration number with acknowledgement & receipt of the payment will be sent to you within 60 days of application to your registered Email id only, if not received, please contact the registration coordinator.
- No credit policy for registration fees. Registration fees mentioned is non-negotiable.
- Registration is not transferable.
- Kindly do not post / courier any registration form from December 15th 2019 onwards.
- The organizing committee is not responsible for payments made in any form without registration form and details of payment. Organizing committee will not entertain requests to refund the same.
- Delegate must bring the acknowledgement letter / payment receipt with registration number during the conference for registration.
- Conference kit would be handed over only to the registered delegate with photo id.
- For spot registrations, payment will be accepted only by mode of Cash, Debit/Credit Card.
- Conference kit will not be guaranteed for registration done after 31st December 2019.
- Organizer will not be responsible for loss or theft of personal belongings and damages. You can use cloakroom.
- Ambulance service will be available at the venue. However, we request you to kindly give utmost attention to your health and medications.

Cancellation and Refund Policy
- Before 31-Aug -2019: 20% of registration amount + GST of amount paid will be forfeited as cancellation **
- Before 31-October-2019: 50% of registration amount + GST of amount paid will be forfeited as cancellation **
- After 1st Nov 2019: Full amount will be forfeited **
- Refund will be solely at the discretion of the organiser and if ** marked refund is applicable the same will be processed only after the conference.

Duly filled form along with the payment details/cheque/DD should be sent to Conference Secretariat address,

Secretariat: ANCIIPS 2020
C/O Dr. Gautam Saha,
19/C, Pioneer Park, Barasat, North 24 Parganas, Kolkata, West Bengal – 700124
Mobile: 09830055235
Email: registrations@anciips2020.com
We are looking forward to welcome you in the city of joy for the 72nd Annual National Conference of Indian Psychiatric Society ANCIPS 2020 from 22nd - 25th January, 2020.

We are here for your hospitality and Kolkata being a metro city we have plenty of rooms across all categories and budgets across the city.

We will be more than happy to assist you with your choice of category and budgets.

There is no reason for any panic or confusion regarding accommodation. Kolkata regularly hosts conferences for 10k plus delegates so there is a good infrastructure available.

Kindly let us know your ACCOMMODATION needs on info@ancips2020.com or call us at 022-61053834

Warm Regards,

Dr. Gautam Saha
Organizing Secretary, ANCIPS 2020

---

### Room tariff in selected hotel and property across Kolkata:

<table>
<thead>
<tr>
<th>Sr. No</th>
<th>Hotel Name</th>
<th>Hotel Category</th>
<th>Room Category</th>
<th>Room Rental (Bed &amp; Breakfast)</th>
<th>Total GST Amount</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Venue</td>
<td>ITC Sonal &amp; Royal Bengal</td>
<td>5 Star</td>
<td>Executive Club</td>
<td>10000</td>
<td>2800</td>
<td>12800</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Tower ITC Sonar</td>
<td>11000</td>
<td>3080</td>
<td>14080</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>TE - ITC Royal Bengal</td>
<td>13000</td>
<td>3640</td>
<td>16640</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>ITC one - ITC Sonar</td>
<td>15000</td>
<td>4200</td>
<td>19200</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>ITC one - ITC Sonar</td>
<td>16000</td>
<td>4480</td>
<td>20480</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Service Appt 1 room</td>
<td>16000</td>
<td>4480</td>
<td>20480</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Service Appt 2 room</td>
<td>20000</td>
<td>5600</td>
<td>25600</td>
</tr>
</tbody>
</table>

| A Class | Raajkutir Swabhumi           | Boutique Hotel Equivalent to 5 Star | Superior Room | 10000 | 2800 | 12800 |
|         |                             |                                | Premium       | 10500 | 2940 | 13440 |
|         |                             |                                | Deluxe Room   | 11000 | 3080 | 14080 |
|         |                             |                                | Presidential Suit | 15500 | 4340 | 19840 |
|         | Hindustan International      | 5 Star                         | Superior Room | 7999  | 2240 | 10239 |

| B Class | Monotel                     | 4 Star                         | Queen room    | 7500  | 2100 | 9600  |

| C Class | Spring Club                 | Club rooms                     | Standard room | 3000  | 540  | 3540  |
|         | South City Club             | Club rooms                     | Standard room | 2500  | 450  | 2950  |
|         | Anamitra Guest House        | Guest House                    | Deluxe Room   | 3520  | 634  | 4154  |
|         |                             |                               | Deluxe with Balcony Room | 3499  | 630  | 4129  |
|         | Vinayak Guest House         | Guest House                    | Super Deluxe  | 4000  | 720  | 4720  |
|         |                             |                               | Standard room | 1800  | 324  | 2124  |

Please hurry to book your rooms. The last date to book the rooms is 30th Sept 2019.
Rooms will be given first cum first serve basis.
Exploring possibilities for better Mental Healthcare

Rexipra
Escitalopram 5/10/15/20 mg tabs
Provides more... with less!

Divaa-OD
Divalproex sodium 250/500/750 mg/1 gm extended release Tab
Restores balance... Rebuilds life

Qutan
Confidence of a Lasting Care

DEPRAN 10
Escitalopram 10 mg + Clonazepam 0.5 mg Tabs.
No Substitute to Happiness

Olimelt
Olanzapine 2.5/5/7.5/10/15/20 mg Melt-in-Mouth Tabs
Melts into convenience and compliance
Defeat Depression & Anxiety
India’s trusted antidepressant

Nexito
Eacitalopram 5/10/20mg Tablets

Spreading miles of smiles

The robust mood stabilizer
Once daily

Qutipin SR
Quetiapine fumarate
Sustained release 100/200/300/400mg

.......redefining mood stabilization

The most powerful 1st line antipsychotic....Forever

OLEANZ RT
Olanzapine Rapidly Dissolving Tablets 5/10/15/20 mg

Makes life easier for all schizophrenics

Stabilize the lives of bipolar disorder patients
The once daily mood stabilizer

Dicorate ER
Divalproex sodium extended release 125/250/500/750mg/1g tablets

The newer way the world prescribes valproate